

Warrington School Cleaning Products



WWW =Warrington Well-being Way

NON-TOXIC CLEANING PRODUCTS



Clean water is important to all of us.

Water resources that are polluted threaten our health, environment, and livelihood.

Clean-up efforts over the past few decades have, for the most part, focused on industry. As a result, water quality has improved but significant problems still exist. Therefore, the focus must expand to include other sources of pollution, including households. There is something easy you can do.

Households pollute our water resources in many ways. Few people realize that the cleaners we use around the home often contain hazardous or toxic chemicals. Many of these chemicals cannot be treated at the sewage treatment plant and often end up in our lakes, streams and oceans.

There is hope, however!

The following information provides easy, effective and inexpensive recipes for home cleaning.

These cleaners are non-toxic, safe for you and the environment, and will probably save you money.

Vinegar, baking soda, essential oil, liquid soap, soda water and salt are the only ingredients needed.

Be part of the solution to water pollution, make your home a "POLLUTION FREE-ZONE."

WWW.CLEANERS supporting the WARRINGTON WELL-BEING WAY

Disinfectant

INGREDIENTS: White vinegar, essential oil - eucalyptus oil smells great and has good antiseptic properties.

METHOD: Add a few drops of essential oil to a couple litres of vinegar.

USAGE: Apply anywhere, wait a few minutes, then scrub.

Wonder Worker all purpose household cleaner



INGREDIENTS: Liquid soap or detergent, white vinegar, water, essential oil for fragrance

WHAT ELSE YOU NEED: Spray bottle

METHOD: Add 2 tablespoons of vinegar to a 2 litre bottle.

Fill the rest of the bottle with warm water.

Shake. Add 1/4 cup of liquid soap and gently mix.

Add 10-15 drops of essential oil.

HOW TO USE: Spray and wipe. Use Wonder Worker as you would any other all purpose household cleaner.

Floor Cleaner

INGREDIENTS: White vinegar, water, essential oil for fragrance

WHAT ELSE YOU NEED: Spray bottle

METHOD: Fill the bottle with equal amounts of white vinegar and water.

Add 15-20 drops of essential oil (try pure peppermint oil for a real fresh smelling floor). Shake to mix.

HOW TO USE: Squirt this refreshing cleaner directly onto the floor and wipe clean with a rag or mop.



Toilet Cleaner

INGREDIENTS: Liquid soap or detergent, baking soda, white vinegar, eucalyptus oil and water.

METHOD: Mix 1/2 cup liquid soap and 2 cups baking soda together.

Try to get rid of all lumps.

Dilute with 1/4 cup of water and add 2 tablespoons vinegar to make it foam - stir.

Add 1/2 teaspoon eucalyptus oil.

Then mix into any type of bottle or container.

HOW TO USE: Shake up well and pour over your toilet brush. Scrub the toilet bowl well, getting into all the small places. Flush.

Bench Top Cleaner

INGREDIENTS: Baking soda, essential oil of your choice

METHOD: Simply add a few drops of your favourite essential oil to the baking soda and shake up.

HOW TO USE: Shake and wipe (can use a container with holes in the lid).

Works on any bench or desk top.



Crystal Clear Glass Cleaner

INGREDIENTS: Soda water, liquid soap

WHAT ELSE YOU NEED: Spray bottle

METHOD: Fill a spray bottle with water and add a few drops of liquid soap (dish washing liquid).

HOW TO USE: Spray and wipe. Use either a rag or scrunpled newspaper to wipe off.

Mint Fresh Oven Cleaner

INGREDIENTS: Salt, baking soda, water, mint leaves

METHOD: Mix 1/4 cup of salt with about one cup baking soda.

To add the mint fragrance, place a few leaves of mint in a 1/4 cup of hot water and soak for five minutes.

To make the paste add the 1/4 cup of minted water to the dry ingredients and mix.

HOW TO USE: Use a pastry brush and paint all over your oven and leave over night. Clean off in the morning with a wet cloth.



ALSO TRY OUR CALENDULA CREAM RECIPE... (to heal all those cuts and sores!)

Calendula Cream



INGREDIENTS: Calendula petals, olive oil, bees wax, essential oils e.g. tea tree, jasmine...

METHOD: Soak petals in olive oil for at least a week to allow the calendula properties to seep into the oil. Gently melt the wax. Strain the oil to remove the petals and add the oil to the molten wax. Mix well.

Add essential oils of your choice and continue to mix until creamy.

Mix well. Store in labelled pottles.

HOW TO USE: Rub onto healing cuts, sores, dry skin etc.

Make your home a NON-TOXIC CLEANER HOME

For more information about Warrington School visit - http://wikieducator.org/Warrington_School



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