Item	Checked	Comments	Notes
All incandescant lights replaced with compact fluorescent lights			CFLs are much more efficient
lights turned off when people are not in room			
All appliances have energy ratings			
Refrigerator door's gasket gives proper seal			
Refrigerator coils are cleaned at least once a year			Coils are located either behind or under the refrigerator
Refrigerator temperature is 3- 5 °C			Check using thermometer, you need to leave inside for 24 hours
Freezer temperature is -15 °C			If separate freezer, than it should be at -18 °C
Appliancies with standby are unplugged when not in use			Standby applicances use a significant amount of energy
Washer, dishwasher, and dryer are only ran when fully loaded			
No leaking faucets			
Air conditioning			

set at 25 °C or higher

Air conditioner filters are regularly cleaned

Windows and doors shut when air conditioning is on

Air ducts are not blocked and are properly sealed

Computer in powered down when not in use

TV's, DVD's, printers, speakers, etc. are turned off when not in use

Trees an shrubs are planted to provide shade for the house The monitor uses the most amount of energy