## Learning Journal

What do you think a learning journal is?

What do you understand by the word 'reflections'?

## Learning Journal (Semester assignment)

This learning journal is part of the course assessment. The purpose of this journal is to help you develop an understanding of the theories discussed in each class and your critical skills.

In this journal you should report your thoughts and reflections on the content of each lesson. <u>Each entry should be NO LONGER than two A4</u> <u>pages.</u>

You will be assessed according to your understanding of the theories discussed and how well you discuss your thoughts on these.

Some guiding questions you may want to keep in mind while writing your journal are as follow.

- 1. What did we discuss in today's lesson?
- 2. What did/didn't I understand?
- 3. What impressed/didn't impress me?
- 4. Do I agree/disagree with the discussed theories/issues? Why? Is there anything that happened in the past that affects my way of thinking in terms of what has been discussed?
- 5. What approaches/methods would/wouldn't I adopt and why? Would I make any adaptations to these? Why and what adaptations would these be?
- 6. Final/any other thoughts on today's lesson?

DO NOT feel that you have to answer the above questions or do not restrict yourselves in answering only these. Your journal may take the form you wish as long as you do not only report the theories discussed.