

Annex 1: Questionnaire provided to participants

Dear friend

We are currently carrying a questionnaire survey on diabetes. It is about your health and the things you do that may affect your health. The information you give will be used to develop better anti-diabetic health education programmes and resource materials for young children and adults.

Kindly fill in the questionnaire below. **All your answers or given information will be strictly confidential.** We thank you very much for your help.

Research team

Tick in the appropriate box (es) No: _____	Serial
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Section A: Personal Profile

- i. Sex: Male Female
- ii. Age: _____ years
- ii. Marital Status: Married Single Divorced
- iii. Religion/Ethnic Group:

- iv. Where do you live?

- v. Occupation:

- iv. Highest Qualification you have: _____
- v. Highest Qualification your parent(s) or guardian (s) have: _____

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Section B: Diabetes

- 1. Have you ever heard about **Diabetes**?
Yes No
- 2. From which of the following sources, have you heard/learnt about **Diabetes**?
 - (A.) Parents (E.) Television
 - (B.) Friends (F.) Internet
 - (C.) Relatives (G.) School textbook
 - (D.) Newspaper/Magazines (H.) Radio

Others, please specify _____

4. What did you learn from the above selected source (s)?

3. (i). Do you have diabetes?

Yes

No

(ii). If **yes**, how old were you when doctors/parents told you that you have diabetes?

_____yrs

(iii). What treatment or medical recommendation have you been prescribed for diabetes

or to lower the blood sugar?

(iv). Where is your diabetes controlled?

(v). Approximately, how many times have you consulted a doctor or health care professional about your diabetes?

4. Has any doctor told you that you can get diabetes only during some of your pregnancies? (**ONLY FOR WOMEN**)

Yes

No

5. (i) Have your father, mother, brother or sister related by blood had diabetes?

Yes

No

(ii). If **yes**, how many members in your family have diabetes?

6. According to you, what is **Diabetes**?

7. What are the signs and symptoms of **Diabetes**?

8. Name the common laboratory tests that are carried out to confirm **Diabetes** in a person.

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9. Name the common drugs (medication) taken to treat **Diabetes**?

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10. How can you prevent yourself from **Diabetes**?
